



The Board of Governors of the University of Calgary (the “University”) is pleased to accept the generous offer of a gift of \$12,625 from The Lindsay Leigh Kimmett Memorial Foundation administered by the Calgary Foundation (the “Donor”).

## The Lindsay Leigh Kimmett Prize in Emergency Medicine

Lindsay Kimmett was completing her second year of Medical school when she was tragically killed in a motor vehicle incident in February of 2008. Lindsay was passionate about Medicine and had chosen Emergency Medicine as her career goal. There is no doubt in our minds that Lindsay would have excelled in the field. She was ambitious and coupled her intelligence with a tenacious work ethic. She had a calm demeanor which would have been a huge asset in coping with the hectic pace of an Emergency Room. Lindsay was compassionate and would have treated patients, their families and fellow staff with grace and dignity. She recognized that in an Emergency setting you could truly make a difference in patients’ lives, loved the opportunity to learn continuously and was keen to excel at medical procedures. Lindsay was also balanced and outside of the hospital setting very much enjoyed life and embraced her world. We, as Lindsay's family, have a great desire to carry on her legacy and sincerely hope that this prize will assist the recipient to move forward in their pursuit of becoming an Emergency Physician.

- Donor:** The Lindsay Leigh Kimmett Memorial Foundation administered by the Calgary Foundation
- Faculty:** Medicine
- Field of Studies:** Emergency Medicine
- Value:** \$2,525
- Number:** One
- Duration:** One year
- Eligibility:**
- Offered annually to graduating students in an Emergency Medicine program in the Faculty of Medicine.
  - Based on academic merit
  - Preference will be given to students who show Exceptional leadership activities and involvement in the Athletics program.
- Where Tenable:** University of Calgary
- Apply:** Student Awards online application, along with an essay describing their interest in Emergency Medicine.

## Appendix: About Lindsay Leigh Kimmett

Lindsay Kimmett attended Cochrane, Alberta schools from Kindergarten through Grade 12 and was the Valedictorian of the Cochrane High School graduating class of 1999. She continued her academic journey by earning a Bachelor of Science in Kinesiology with Distinction degree from the University of Calgary. While studying for this degree, a spark was lit while taking an Anatomy course. She discovered that the human body is fascinating. After graduating, she worked briefly, travelled extensively and when she decided that Medicine was indeed what she wanted, she single-handedly set about studying for her MCAT exams. She scored in the 99.7 - 99.8 percentile - a testament to her focused concentration. After acceptance into the University of Calgary Medical School, it was obvious that she was flourishing! She was able to successfully meet the requirements of the Medical School curriculum while at the same time embracing a love of life. She had a large circle of friends and always made time to enjoy their company. She was an avid hockey fan and player and to that end took it upon herself to educate the Macaques female hockey team about the game - be that the order of putting on equipment or what an offside was. She had traveled extensively - her goal was to visit as many countries as her age. She was 26 when she passed away as a seat-belted passenger in a single vehicle rollover. At that point she had visited 25 countries including a summer between first and second year medical school spent in Tanzania with fellow students. After their postings in various hospitals, she summited Mt. Kilimanjaro and enjoyed an African safari. One of Lindsay's favorite sayings was a quote by St. Augustine. "The world is a book and those that don't travel read only a page." Lindsay truly believed this and was very aware of the global community. The motto at Cochrane High School is "Carpe Diem - Seize the Day." Lindsay quoted this in her address. She stated that we need to live life to the fullest and savour every moment. That is exactly how she chose to live her life. To learn more about Lindsay, her life, and her memorial foundation please visit her website at [www.lindsaykimmett.com](http://www.lindsaykimmett.com)

The Lindsay Leigh Kimmett Memorial Foundation has been established to carry on Lindsay's legacy of love and caring. We truly hope that the prize from her foundation will assist the recipient to "Seize the Day"

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Signature: \_\_\_\_\_

SARC Approval:

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Fund Type: Annual

First Disbursement: 2009

Competition: Convocation

Type of Award: Prize

Nominated/Competitive: Competitive